

Healthy Tomorrows

- This program was introduced in an effort to get policyholders to build a relationship with their doctor and improve their health.
- It is policyholder driven only.
- Policyholders in the Humana Program and the Health Plan do not have to fulfill the requirements for this program.





Healthy Tomorrows

Plan year 2017:

PEIA PPB plan policyholders and Non-Medicare retiree policyholders must have the following checked:

- blood pressure
- blood glucose
- cholesterol
- waist circumference

Healthy Tomorrows

Results must be reported to PEIA on the Healthy Tomorrows Reporting Form.

Please print the form from:
www.peia.wv.gov under Find a Form, Healthy Tomorrows Reporting Form.

Healthy Tomorrows

** If this is not completed and returned to PEIA before the end of the plan year 2017 Open Enrollment, the policyholder will have an additional \$ 500 deductible for the plan year.*





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If the form does not have the required test results or is not signed by a physician, PEIA will return it to the policyholder.

It must be completed in it's entirety.

If not, the requirement will not have been completed and the policyholder will have an additional \$ 500 deductible on July 1, 2016.

Healthy Tomorrows

Logged In As: [Policyholder](#)

Welcome, Susan! ([My Account](#)) ([Logout](#))

Benefits Administration System (BAS) Web Application



[Menu](#) [My Account](#) [Shopper's Guide 2016](#)

Your Coverage as of 03/23/2016

[Printer-Friendly Version](#)

Policyholder: Susan J. Beaty, [\[REDACTED\]](#)

Physician: [\[REDACTED\]](#)

HTOM: Congratulations! You've done your Healthy Tomorrows reporting for 7/1/16.

[Change My Contact or Physician Information](#)

[Upload Required Documentation](#)



Healthy Tomorrows

Plan year 2018 :

PEIA PPB plan members and Non-Medicare retirees must continue to have a PCP named, see the PCP and have blood pressure, blood glucose and cholesterol tests done and they must be within an acceptable range or have a physician's certification that those numbers cannot be met.

Healthy Tomorrows

Plan year 2018 : Blood pressure, blood glucose and cholesterol tests done must be within an acceptable range or have a physician's certification that those numbers cannot be met.

All fields are REQUIRED. Any missing data will cause the form to be rejected.

Blood Pressure: Systolic >140 ≤140

Total Cholesterol: >245 ≤245

Diastolic >90 ≤90

Waist Circumference: Male >40 ≤40 inches

Glucose: >125 ≤125

Female >35 ≤35 inches





Healthy Tomorrows

- *Have you informed your employees?*
- *Are they aware of what needs to be completed before May 16, 2016?*
- *How can you make it easier for your employees to avoid the additional \$ 500 deductible?*
- *When will you be able to tell if your employees have completed what they need to for Plan Year 2017?*